

QUALITY LIFE | QUALITY CARE | EXCELLENT TEAMS | OUTSTANDING FACILITIES | QUALITY REPUTATION | STEWARDSHIP



dignity
IN life

Brookestone
Veter Senior Living Gardens

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we BELIEVE

Life is so valuable. It's all about caring, sharing, laughing, playing, relaxing...a variety of experiences and special moments that make each day special and important.

It is our privilege to work with the precious gift of life. That's why providing *Dignity in Life* is our mission and our passion.

Our team members are dedicated caregivers. They are warm, compassionate, responsive people with high standards. They welcome the privilege of caring for you as family. This genuine honor of providing deeply committed care is visible in many ways throughout the facility.

We take time to answer your questions and give attention to your personal concerns. We seek to understand your changing needs and continue learning new ways to meet the special needs of those in our care. Life with us is comfortable, secure, respectful and full of choices.

While Dignity in Life is our passion, you will discover that your quality of life is our priority. That is one of the many reasons why we are among the most respected in our field.

the VETTER way

Jack and Eldora Vetter began Vetter Senior Living (VSL) in 1975 with the belief that the elderly deserve dignity in life. Now, many years later, the Vettters continue to instill that philosophy in every care facility they oversee.

Local administrators and team members share this community-centered management philosophy. This means that each facility is built around the individual needs of the residents and their community. Support and expertise is always available through the Vetter Health Services (VHS) home office team of professionals, based in Omaha, Nebraska. This community focus, combined with years of experience, makes every Vetter Senior Living facility the very best it can be.

Lifetimes of wisdom and experience are passed on to us by our elders. But often their contributions are forgotten and their special needs ignored. It's our mission to give these members of our community a place to feel respected, safe, comfortable and happy. It's what they deserve after giving us so much.

— Jack
& Eldora
Vetter

For more information about our unique programs, call or stop by today!

Non-Discrimination Statement:

Vetter Senior Living locations comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Vetter Senior Living locations do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-826-1042.

繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-826-1042。

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-826-1042.

Features & Benefits

Thank you for your interest in Brookestone Gardens Skilled Nursing & Rehabilitation. We want to enhance your daily living by providing you with the best in professional care and services. Our services work around your lifestyle, providing you with an environment to enjoy life and nurture one another. Here is a listing of some of the features we offer:

Amenities:

- Spacious Private & Companion Rooms
- All rooms are furnished with a 40" flat screen television with cable TV
- Delicious meals, snacks, and open dining times
- Access to The Garden Bistro featuring coffee, sandwiches and snacks
- Private family dining room
- Large great room for community gatherings and education
- All faith chapel
- Comfortably furnished neighborhood living room
- Wireless internet access in rooms and common areas
- Beautifully landscaped courtyard with sitting areas
- Spacious spas with whirlpool baths
- Beauty and barber shop services
- Large therapy gym
- Life enrichment programs
- Wellness and restorative programs

— *Continued*

Specialized Options:

Therapies

Registered physical, occupational and speech therapists are available to assist residents in achieving maximum independence and improved quality of life. Residents will benefit from state of the art modality equipment and treatments administered by highly skilled therapists.

- **Occupational Therapy**

Occupational therapy strives to help residents gain their maximum independence in functional daily living skills, which in turn, helps improve self-esteem.

- **Physical Therapy**

Our Physical Therapists are equipped to help residents maximize function by building their strength, coordination, and mobility.

- **Speech Therapy**

Speech pathologists focus on maximizing communication and swallowing skills through individualized programs to treat language, speech, and swallowing disorders.

Outpatient Therapies

Comprehensive outpatient rehabilitation services include physical, occupational and speech therapy and are available to individuals in our community. These programs are designed to restore the participant to the highest possible level of functional independence through individualized treatment plans approved by your physician. Our professional therapy staff is fully licensed/credentialed. Our outpatient rehabilitation services include the use of state of the art modality equipment.

Restorative Programs

We develop individualized therapeutic programs designed to improve independence and mobility. Our goal is to help our residents lead a more independent life.

Medicare Certified

If you have been in the hospital and your doctor feels that you are not yet strong enough to return home, you are encouraged to consider our facility. Our professional team of therapists will work with you to achieve strength and skills needed for you to return home. While receiving rehabilitation services, the cost of your care may be covered by Medicare.

Respite

Short term, temporary care is provided to people with disabilities so their families can take a break from the daily routine of caregiving.

Hospice

Residents who face terminal illness, and their families, benefit from guidance and comfort provided by medical professionals, hospice organizations, clergy, counselors, and skilled volunteers. We can help by bringing this support team together to provide round-the-clock services that make the precious final days of life as comfortable and full as possible.

Care Program

Vetter Senior Living has a program that is specifically designed for the individuals who live in our facilities. This option focuses on “your” care, in the facility, based on “your” needs.

Living Options

Vetter Senior Living is dedicated to quality of life through personalized services in attractive, inviting, and safe living environments. Our commitment is to deliver innovative, customer-focused care in a setting that is right for you. We can provide what you need today, and the security of knowing that there are options for tomorrow. Listed below is a description of different living possibilities to help you make an informed decision on which is right for you. Please ask us which options are available.

Independent Living

Enjoy care-free living in a community especially designed for healthy active seniors. Independent living provides you the privacy and freedom of home combined with the convenience of a maintenance-free environment. Our Independent Living offers lifestyle choices: social activities, dining plans, recreational events and service options to meet your needs.

Assisted Living

Assisted Living offers personalized assistance, supportive services and dignified care in a family setting. We provide care that is specific to your personal needs, whether you require assistance with dressing, transportation, medications or other daily activities. It's the perfect alternative for seniors who can no longer live in their own home and yet want to remain as independent as possible. You retain the privacy and independence of home, while gaining immediate access to health care support when you need it.

Alzheimer's & Dementia

Seniors facing the challenges of Alzheimer's disease and other related Dementia need a safe, nurturing environment. We specialize in individualized programs designed to reduce feelings of confusion, fear, and agitation and offer meaningful, enjoyable activities that stimulate the mind and body. Our services focus on the resident's wide range of abilities. We welcome and encourage family involvement and we work closely with the Alzheimer's Association.

Short-Term Rehabilitation/Sub Acute Care

Designed specifically for "patient-centered" care, our short-term rehabilitation facility provides an extensive range of rehabilitative services and 24-hour skilled nursing care. After a stay in the hospital patients may only require short-term rehabilitation or short-term skilled nursing care. The goal is to return home or to a residential care environment. We are dedicated to providing a "culture of rehabilitation" for patients to maximize improvement of health and wellness.

Skilled Nursing Facility

Skilled nursing provides 24-hour nursing care, with extended medical and rehabilitative services for seniors with complex medical conditions. We offer a range of rehabilitative therapies available to both nursing-care residents and other members of the community. Our services are centered around your lifestyle. We dedicate ourselves to provide you peace of mind and an atmosphere that delivers comfort, security, and quality of life.

Adult Day Care Services

Adult daycare services is an alternative to Skilled Nursing or Assisted Living placement. This short-term stay option provides relief for caregivers from what can be a "24/7" responsibility. Adult day care guests have an opportunity to interact socially with peers, share in stimulating activities, receive therapy if needed, and receive assistance with the activities of daily living.

We know you will have many questions, so we have answered a few general questions here for you....

How much does it cost and how do we pay?

Cost of care depends upon a number of factors, including level of care and personal needs/preferences. See our rate sheet in this packet for a listing of our rates and an explanation of our levels of care. Our facility is certified to meet all requirements of the Medicare program. When you receive services that are covered by Medicare, we will bill those services directly to Medicare. We will also bill any coinsurance to your Medigap/Medicare supplement policy on your behalf. Every policy can be unique so it is important for you to review your policies for possible benefits, limitations, and/or requirements. Medicaid is available in some cases to help pay expenses. Keep in mind that insurance, Medicare, and Medicaid plans don't pay for personal items. We will submit a statement to you, or your responsible party for private pay on amounts owed.

How do we proceed with admission?

The first thing needed is a physician order from your doctor indicating a need for placement at our facility. Our staff will then do a pre-screening visit with you/or your family to ensure we can meet your needs. If you are discharging from a hospital after a three-night hospital stay, we will evaluate your Medicare benefits and eligibility for Medicare coverage prior to admission. Our admissions team will see that we are ready and equipped to serve you, and that the necessary financial arrangements are in place. The date of admission is then set, your room is prepared and we greet you upon your arrival.

What kind of medical care is given?

Professional Nursing Staff are available 24 hours a day to assist in delivering optimum medical and psychological services. A physician of your choice may provide the necessary medical services. We will be in very close contact with your physician in order to provide optimum care. Pharmacy services are also available and provide the necessary medications ordered by your physician.

May we pay extra to get a private room?

If you are paying with private funds or are on Medicare and a private room is available, you may request one for an additional charge.

What are your meal options?

We serve three meals a day, with a variety of choices. Open dining allows residents to eat when it is convenient for them. Special meals are prepared to meet medical needs. A dietician oversees dietary needs and physician orders. Our executive chef takes pride in using fresh ingredients in dishes, which are made from scratch. Family members are welcome to join us for meals; we ask if you could please let us know ahead of time. It's okay for families to bring food and snacks to residents. Please keep food in tightly sealed containers.

Can I have visitors?

Yes, in fact we encourage visitors. We do not have set visiting hours. We welcome pets that are well-controlled or able to be on a leash. For the safety of the residents and staff, we do lock the outside doors at night. We also are happy to provide a private area for visitors as needed. You also have the right to refuse any or all visitors.

May residents leave the building?

Unless a medical condition or other factors prevent residents from leaving the building, residents may go out with family members to special celebrations or short trips. If your stay is covered by Medicare, Medicare guidelines must be met prior to leaving the building for family outings. An example would include completing daily therapy sessions prior to an outing.

How often do residents take baths?

We will provide personal care services as determined for you by your physician.

May residents do their own laundry?

The cost of laundry service is included in your room rate. Family members may take your clothes home to launder if you prefer.

May residents bring their own belongings?

We do encourage you to bring your personal items to make your room as homelike as possible. The amount of belongings is only restricted by safety, sanitation, and the size of your room. You will need clothes that fit well and are appropriate for the season. All personal items are recorded on a personal inventory sheet.

Do you provide Life Enrichment programs for residents?

There will be a variety of activities for you to do. We offer planned events seven days a week, to meet your social, spiritual, mental, and physical needs and desires. These activities vary from large to small group settings. We also stress the importance for you to continue to do independent activities, like going out with family and friends, or working on a hobby, read a book or create a memory to be shared with others. You will find plenty to do!

More questions? Please don't hesitate to ask one of our team members. We're here to help!

Tax & Insurance Advantages

Tax Advantage

According to the Internal Revenue Code Section 213, the costs of long-term care, including nursing home care, are deductible as medical expenses to the extent they, along with other medical expenses, exceed 7.5% of adjusted gross income (10% if under age 64).

Criteria for deducting qualified long-term care expenditures are as follows:

- The resident must be unable to perform, without substantial assistance from another individual, at least two activities of daily living for a period of at least 90 days due to loss of functional capacity, or the resident requires substantial supervision to protect their health and safety due to severe cognitive impairment. Activities of daily living include eating, toileting, transferring, bathing, dressing, and continence.
- Qualifying long-term care services include necessary diagnostic, preventive, therapeutic, curing, treating, mitigating, and rehabilitative services, and maintenance or personal care services required by a chronically ill individual.
- The services are provided under a plan of care presented by a physician or a licensed health care practitioner.
- Amounts paid to a nursing home are fully deductible as a medical expense if the principal reason that a person stays at the nursing home is for medical, as opposed to custodial care.

For Information Only:

You should contact a professional Certified Public Accountant or personal tax advisor for the most accurate tax advice. They can help you determine the proper tax treatment of payments and potential tax deductions based upon your specific situation.

Insurance Advantage

Most long-term care insurance policies will help pay for expenses at a skilled nursing facility. We have licensed staff on duty to provide the assistance with daily activities that these types of policies require. Check with your insurance agent to see if your plan covers skilled nursing care.

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VSL

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